



Member of the USTA

# Tustin Tennis Club

P. O. Box 1484, Tustin, CA 92781  
Website: <http://www.tustintennisclub.org>

## JULY, 2017 Newsletter

### President's Message

Dear friends, this is the month of the greatest of American celebrations, that is, July the 4<sup>th</sup>. This year is the 241<sup>st</sup> anniversary of the signing of the Declaration of independence document that actually got signed on July 2<sup>nd</sup>. It is said that the day is not as important as the culmination of the idea of independence when the fathers of our nation declared it so, back in 1776. It took a lots of revisions, thought and rewrites to summarize their thoughts in the Declaration of Independence to express our resolve against the British Crown that all persons are created equal and have unalienable natural rights – Life, Liberty and the pursuit of happiness, among them. Did you ever wonder why they chose July 4<sup>th</sup>? Well - I am just going to guess that it must be the time during which the weather is such that we can contemplate, enjoy the outdoors, relax a little and get together. So enjoy the spirit of independence and celebrate with your friends, family and country men, reminding everyone that freedom is deserved and desired by all, no matter where they are.

In the spirit of this independence month, let's enjoy this nice weather and wonderful camaraderie with great tennis and outdoor activities. Remember to allow others equal consideration, participation and enjoyment as much as you would like for yourself. Stretch before and after you play tennis and keep yourself amply hydrated!

You would all agree that our club is a great union of tennis lovers and we would like to make it more perfect by contributing through participation and suggestion to the workings of our club and its management. Just to remind you all, our general board meetings that are held first Friday of every month at Magnolia Tree Park (around 11am) are open to all active members. We would love to have you come by and join us, participate, observe, and volunteer whenever you can. If you are an ardent tennis participant (play 2 or more days per week), we insist that you make every effort to join our meeting and make suggestions to help us improve our club. We value your experience, wisdom, thoughts and ideas.

To all members: if you would like something discussed at the meeting, please make sure it is included in the agenda prior to the meeting. If you have an ad hoc idea or topic, we may table it to our next meeting.

Please make it a point to attend at least a few meetings – your participation and help is essential to make this club better and help it be a continued success.

On a side note – did you know that July is also National Ice Cream Month? Each year National Ice Cream Day is celebrated on the third Sunday in July – so do not forget to take your loved ones for a cool scoop of their favorite ice cream. Now don't you worry about the calories – you can burn it all off with some extra housework and off course more tennis. Have fun and make it healthy all the way!

Ishwar Chander

TTC - President

# Meeting Minutes

## TUSTIN TENNIS CLUB MINUTES FOR JULY 7, 2017

### ATTENDEES:

Board Members: Ishwar Chander, Elsie Polston, Neil Sherman, Marsha Embree, Cliff Polston

Guests/committee members: Irene Zaleski, Bernie Miller, Tom Ly, Gul Advani, Donna Wood, Alim Mahmood

The meeting was called to order at 10:12 am by President Ishwar Chander

### Secretary's Report - Marsha Embree

The previous meeting's minutes were read and approved

### President's Report - Ishwar Chander

Ishwar reminded everyone to check the printed calendar for additions and/or revisions. He also asked for feedback on the revised TTC application.

### Vice President's Report - Elsie Polston

Appreciation luncheon scheduled for today at BJ's on Jamboree. Rose is trying to schedule a get together in San Clemente the end of July. Elsie will talk to Alim to coordinate a hike/tennis/eat in the park activity in September or October.

### Treasurer's Report - Neil Sherman

TTC's balance is \$4,186.05. The Meet Up will be canceled as of July. \$15 is being allotted per board member at the appreciation luncheon today.

**Bulletin board - Donna Wood**

If anyone wants to see something additional posted, please let her know. It was determined that Donna would get another key to the bulletin board made.

**Tournament Director - Cliff Polson**

Friday and Saturday tournaments will begin the 2<sup>nd</sup> week in September. Cliff will send an invite to everyone. It's difficult to get those interested to agree on a time and day.

**Newsletter - Gul Advani**

All suggestions are welcome. The newsletter will be published mid-month. All Articles should be to Gul no later than the 14<sup>th</sup> of the month. Even recipes are welcome.

**Membership - Allan Galera**

No report. New application was reviewed by the board. Changes were necessary and Ishwar asked Elsie to make the changes.

**Sunshine - Irene Zaleski**

Rich says hi to all. Bernie is back on the courts. Marsha commended Irene on her wonderful care for all those in need in our club.

**Website - Roy Alveyra**

Ishwar will come up with a template for Roy.

**Photographer - Tom Ly**

Tom will take more pictures so some can be included in the newsletter. Tom was encouraged to send Gul a "pic a month" to be included in the newsletter.

### **Social Chairman - vacant**

The difference between social chairman and Nancy as Christmas chairman and Sally as Picnic chairman was discussed. Ishwar will ask Alim if he will be the social Chairman. Alim invited all to a pool party, tennis and food at his complex this Thursday, the 13<sup>th</sup>. He will send an invite to everyone.

### **Historian - Gary**

No report. Marsha reiterated again that the hikes that Gary wanted pictures of should not be listed as TTC sponsored hikes/activities because of the liability. Alim sends invites from his personal email. Marsha will ask Tony to not use the official TTC email account for any non TTC sponsored events, i.e. the Thursday hikes.

### **Equipment - Bernie Miller**

Bernie said the equipment is in fine shape but the balls in the ball machine are getting old. Cliff suggested that the last Friday of the month, people bring used balls to the court for the ball machine. Marsha gave Bernie two cans of balls for the ball machine. The ball machine will be available on court #1 from 7:30 am to 9:00 am the last Friday of the month.

Additional discussion/open forum:

1. Is Joe OK? Some members had heard he had a heart attack. Irene will check.
2. Reminder: our by-laws allow the board to deny membership to new and/or returning members for any reason.
3. Application: changes are needed
4. Future: meetings will be at the courts to encourage all members and guests to attend - bring chairs.

**Next meeting:** August 4, 2017 at 11:00 am at the Magnolia courts

Meeting adjourned at 11:16 am.

Submitted by Marsha Embree, Co-Secretary with Bernie Miller

## JULY TENNIS QUIZ

1. What are the two front boxes on the court called?

- A. The box
- B. Service box
- C. Court square
- D. No man's land
- E. Middle square

2. What is this point called when the score is 40-40?

- A. Tie
- B. Score breaker
- C. Game
- D. Deuce
- E. Set

3. What is this motion called when you hit the ball to START the point?

- A. Backhand
- B. Volley
- C. Lob
- D. Overhead
- E. Serve

4. What is this shot called when you hit a shot that makes the ball pass your opponent?

- A. Back spin
- B. Passing-shot
- C. Volley punch
- D. Lob passer
- E. Spin shot

5. How many games are in a set?

- A. 6
- B. 3
- C. 2
- D. 8
- E. 5

6. What is the most important thing you need to travel back and forth on the court to return shots?

- A. The clothes you are wearing
- B. Your racket grip
- C. A flexible body
- D. Good tennis shoes
- E. Foot work

7. What is this score name called when someone has zero?

- A. Nothing
- B. Zip
- C. None
- D. Zero
- E. Love

8. Who was the number one ranked men singles player (as of Feb. 2, 2004) from Switzerland?...

You're going to look this one up, aren't you?:

- A. Andy Roddick
- B. Rafael Nadal
- C. Bjorn Borg
- D. Roger Federer
- E. Pete Sampras

9. Which one of these brand names are well known for tennis items?  
(rackets, tennis clothes, tennis shoes, over grip, tennis balls, etc.)

- A. Northern Tennis Outlet (NTO)
- B. Tennis Pro
- C. Tennis Balls
- D. Serve It
- E. Prince

10. How high off the ground are the nets?

- A. 1 ft middle, 3 ft edges
- B. 3 ft middle, 3.5 ft edges
- C. 4 ft middle, 5 ft edges
- D. 2.5 ft middle, 4 ft edges
- E. 3.5 ft middle, 3.6 ft edges

## **JULY TENNIS QUIZ ANSWERS**

1. B
2. D
3. E
4. B
5. A
6. E
7. E
8. D
9. E
10. B

## Calendar 2017 - 2018

Month	Board Meeting	Location	Activities	(items) Assignee(s)
JUNE	6/2 at 11:00am	Tustin Ranch Golf Club	1. Board Meeting 2. Federal ePostcard (990-N), and CA ePostcard(N199) 3. tax filings 4. Preliminary Budget	(2-4) Treasurer
JULY	7/7 at 10:00am	Magnolia Tree Park	1. Board Meeting 2. Coordinate Tustin ACER Membership Renewal	(2) TTC and Hina Khan
AUGUST	8/4 at 11:00am	Magnolia Tree Park	1. Board Meeting 2. Start Membership Renewal 3. Prepare Website Hosting Renewal 4. Submit ACER Renewal Form(Due 8/15?)	(2) Membership Chair (3) Treasurer (4) Hina Khan
SEPTEMBER	9/1 at 1:00am	Magnolia Tree Park	1. Board Meeting 2. Membership Renewal Deadline 3. Team Tennis Start 4. Website Hosting Renewal (Due 9/3) 5. Prepare Website Host Renewal	(1) Membership Chair (3) Tournament Director (4,5) Treasurer
OCTOBER	10/6 at 11:00am	Magnolia Tree Park	1. Board Meeting 2. Website Domain Renewal (Due 10/7)	(2) Treasurer
NOVEMBER	11/3 at 11:00am	Magnolia Tree Park	1. Board Meeting	
DECEMBER	12/1 at 11:00am	Magnolia Tree Park	1. Board Meeting 2. Renewal USTA Insurance (Due 12/31) 3. Yearend Holiday Party	(2) Treasurer (3) Party Chair / Nancy
JANUARY	1/5 at 11:00am	Magnolia Tree Park	1. Board Meeting	
FEBRUARY	2/2 at 11:00am	Magnolia Tree Park?	1. Board Meeting 2. CA S/I Filing	(2) Treasurer
MARCH	3/2 at 11:00am	Magnolia Tree Park	1. Board Meeting 2. USTA Membership Renewal (Due 3/17)	(2) Treasurer
APRIL	4/6 at 11:00am	Magnolia Tree Park	1. Board Meeting 2. PO Box Renewal (Due 4/30)	(2) Treasurer
MAY	6/5 at 2:00pm	Magnolia Tree Park	1. Board Meeting 2. Picnic, New Officers	(2) Social Chair

### On going Activities:

1. Website Update (Periodic)
2. Newsletter (publish around Mid Month)
3. Getaway Picnic Planning / Proposals
4. Review Treasurer Calendar
5. Brainstorm TTC Improvement Activities
6. Equipment Inventory Reviews

# Sunshine

Report from Irene Zaleski:

Rich Gustafson looked good and rested while meeting club members at McDonald's in Tustin. However, he is not feeling well enough to play tennis anymore.

John Embree does not need knee surgery, instead he is getting physical therapy and is starting to play tennis again.

I called Joe Chaikin's phone number that was listed on the roster and it was invalid. I emailed him yesterday and have not heard from him.

# RECIPES

Irene has a couple of recipes for us to try during these hot summer months.

## **MEDITERRANEAN QUINOA SALAD**

1 cup quinoa, cooked in 3 cups of water, with 2 chicken bouillon cubes

1 lemon, juiced

1/2 c parsley, chopped

1 shallot, chopped

2 cloves of garlic, minced

1 cucumber, halved and sliced

1 can (16 oz.) olives, sliced

1 T fresh thyme, chopped, or 1 tsp dried thyme

1 basket of cherry tomatoes, halved

10 oz. crumbled feta cheese

1 t pepper

2 t cumin

1 avocado, chopped

salt, if needed

## **BRUSCHETTA QUINOA SALAD**

1 cup quinoa, cooked in 3 cups of water, with 2 chicken bouillon cubes

1 cucumber, halved and sliced

1 basket cherry tomatoes, halved

6 oz. olives, sliced

1 c mozzarella, shredded

1 c parmesan, shredded  
1/2 chopped fresh basil, or 1 tsp. dried basil  
1/2 c parsley, chopped  
1/2 c chives, chopped  
2 lemons, juiced  
4 T olive oil  
2 T balsamic vinegar  
2 cloves of garlic, minced  
1 t pepper  
1 c pine nuts, or chopped walnuts  
salt, if needed

## In-House Services

1. Give me a call for all your travel needs. Rose/A Premier Travel 714-313-9367
2. I am am a licensed Real Estate Broker (DRE Lic.# 01476605). For all your Real Estate needs, contact me at 949-683-2248. Also contact me for events, groups, and portrait photography and to recreate, restore or retouch pictures through Photoshop. -- Alim Akhtar.
3. If you need Private/Small Group Tennis Lessons at Magnolia Tennis Courts for any age as a beginner or intermediate level. CONTACT: Allan Galera (714) 628-0620. [OCtenniscoach@gmail.com](mailto:OCtenniscoach@gmail.com). Flexible schedule and willing to travel at your preferred private/public court location in North OC vicinity to stay young, healthy, competitive, and to raise your game to the next level.

## Lost and Found

Marsha Embree left her key tag at the courts.

If someone picked it up, please bring it to the courts and return it to Marsha.

If she's not present on that day you can give it to either Ishwar or me and we'll make sure she gets it back.

Thanks.

## **TUSTIN TENNIS CLUB HIKING**

Hikes/walks and other social events continued thru June and mid July - all organized by Alim.

Here are some pictures:

TTC hikers at Laguna Beach - July 6, 2017

<https://goo.gl/photos/h3mG8ZBzHZQLB1caA>

TTC Hikers Expeditions: Jan 1 - July 6, 2017

<https://goo.gl/photos/B323yvqNuoKQtA7K6>

If you want to participate in any of our hiking/walking activities, please contact Alim at [alim611@yahoo.com](mailto:alim611@yahoo.com).

## TUSTIN TENNIS CLUB BOARD MEETING JULY 7, 2017



